



# What is a **HEALTHY DIET**?

A healthy diet means eating nutritious and wholesome foods in balanced amounts.

## This includes:

- Not too much nor too little food.
- Not too much fat and sugar.
- Not too much salt.
- Adequate carbohydrates, fibre and protein.

## What ingredients make a Healthy Diet?

- Carbohydrates and fibre such as wholegrain breads, high fibre cereals, wholemeal pasta, oats, brown rice, legumes (e.g. lentils), fruit and vegetables.
- Proteins such as beans, legumes (e.g. lentils), lean meats, poultry (with skin removed), fish and low fat dairy products.

**These foods supply you with energy and adequate vitamins and minerals.**

## What foods should be limited?

- Too much fat as cream, butter/margarine, fried foods and many take-away's.
- Too much sugar as lollies, chocolates, cakes, pastries, soft drinks and cordials.
- Too much alcohol.

## What are the benefits of a Healthy Diet?

- To keep fit and well.
- To keep alert and active.
- To prevent illness.

## Where is there more Diabetes Information?

**Diabetes Australia - Victoria**  
3rd Floor, 100 Collins Street,  
Melbourne Vic 3000  
Phone (03) 654 8777 or country  
callers (toll free) 008 015 115



Where is there more information about Vic Health - Phone (03) 347 3777



# HEALTHY DIET – TRY IT

AUSTRALIAN WOMEN'S SOCCER ASSOCIATION

## National Junior Championships BENDIGO - 1993



Sponsored by  
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... from the AWSA President

*I am very pleased to provide this forward to the Junior Championship 1993 Booklet, particularly because the Bendigo Association is hosting the Championships on behalf of the Victorian Women's Soccer Association. In the same way as our Junior Championships provide the talent for our future National Teams, so our district associations are an enormous source of football and administrative talent.*

*I would like to congratulate all those involved with the planning and running of the Championships, not only because of the work that has gone into this but also because you represent one of sports most valuable assets - volunteers. As a country, we are renowned for being able to provide an amazing array of sporting opportunity to young Australians. This would simply not be possible without the Volunteer Army. I would similarly like to thank referees, coaches, managers and other team officials for taking their place on the front lines!*

*To all those participating, can I offer you my best wishes for the Championships. I hope you play to your potential and enjoy the experience of representing your State. You should be proud of that achievement. For those among you who will achieve even greater honour, I ask that you set 2 goals, the World Championships in 1999 and the Olympic Games in 2000. I expect that our national team will be involved in both. Good luck!*

Dennis O'Brien  
AWSA President



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**... from the V.W.S.A. President**

*On behalf of the Victorian Womens Soccer Association I would like to welcome all players, officials and spectators to Bendigo for the 1993 "Health Diet - Try It" A.W.S.A. National Junior Championships.*

*It is most pleasing that for the first time eight member states are represented in this highly competitive competition; couple this with the continued de-centralization of these games and I believe that we are all contributing to showing the highly organised and progressive nature of our sport.*

*To all players selected to participate in this tournament, I offer our congratulations and wish you the best of luck as you endeavour to not only win this tournament, but also impress our new National Junior Coach, Clive MacKillop, as he selects the Talent Identification Squad to attend the A.I.S Camp early next year.*

*The organization of these tournaments is never an easy job and for their exceptional assistance and support I would like to offer my sincere thanks to the following people:*

- The Bendigo Amateur Soccer League, in particular our tireless Carnival Organizer Loris Browning.
- The Victorian Health Promotion Foundation.
- Chris Tice and staff at Diabetes Aust. - Vic.
- The V.W.S.A. Executive Committee.
- The Staff at Strathfieldsaye Sports Club.
- All the referees who have volunteered their time.

*I trust you all will enjoy a week of enjoyable, injury-free soccer, the hospitality of the people of Bendigo and the opportunity to make new friends or re-establish past friendships.*

*Have fun and Good Luck.*

**Jason Hoar**





## ...from the Executive Director

*Hosting the 12th National Junior Championships in Bendigo, the Victorian Women's Soccer Association is showing a commitment to developing soccer in the country regions. It is good to see the amount of development that is occurring in women's soccer throughout Australia.*

*With the growing emphasis on soccer in the schools, the impact of State and National development programs and the extensive club programs available, we are seeing the rapid development of the game in this Country.*

*This years championship is greatly enhanced by the representation of a team from Western Australia for the first time ever. Having eight States represented indicates the popularity that women's soccer is currently experiencing. I wish the team from Western Australia well in their endeavours in the competition.*

*Selection of a National Squad will be made at the completion of these Championships by the newly appointed National Junior Coach, Clive McKillop. Those players selected in this squad will be invited into a National Training Camp early in 1994.*

*I would like to thank Loris Browning and the Officials from the Bendigo Amateur Soccer League for their work in preparing these Championships, and wish all the teams good luck for the Tournament. I hope that everyone has a most rewarding and enjoyable week.*

*Paul Turner*



## ... from the B.A.S.L. President

*On behalf of the Bendigo Amateur Soccer League I would like to welcome you to Bendigo. As a League we were pleased to be chosen to host these Championships and we hope your visit to Central Victoria will be both successful and memorable.*

*Bendigo is in the centre of Victoria and there are many attractions within easy travelling distance of the City.*

*The Championship games are being played at the Strathfieldsaye Sports Complex some 8 kms east of the city on the road to Lake Eppalock. This is a relatively new facility and we hope the venue will meet your expectations.*

*As a League we have assigned each State Association to one of our member clubs who will be providing you with training facilities close to your accommodation. If you require further assistance in any matter please feel free to contact our representatives at any time. We wish your stay to be as hassle free as possible and we are committed to this event being a success.*

*Finally, whatever the results of your games, we hope your time in Bendigo will be an enjoyable one.*

*Alan Lassey*



## ... your Hosts and Officials

### Carnival Organiser: A.W.S.A. Board

- LORIS BROWNING

President:

Vice President:

Director of Finance:

Director of Marketing:

Director of Development:

National Exec. Director:

Administration/Develop.:  
KIM DICKSON

DENNIS O'BRIEN

PETA WINZAR

ELAINE WATSON

LISA DAVIS

JASON HOAR

PAUL TURNER

### V.W.S.A. Executive:

President:

Vice. President:

Treasurer:

Competition Off.:

Development Off.:

Public Off.:

Rep. Sq. Co-Ord.:

JASON HOAR

PETER ATHANASIADIS

LISA DAVIS

BETTY HOAR

JANE OAKLEY

GEORGE ATHANASIADIS

NICKY AZZATO

### B.A.S.L. Executive:

President:

Deputy President:

Secretary:

Treasurer:

and their Committee

ALAN LASSEY

MEL McGOVERN

JIM ANDERSON

TERRY GORMLEY

## STATE ASSOCIATIONS

ACT Women's Soccer Association Incorporated

New South Wales Soccer Federation Limited

Northern New South Wales Women's Soccer Federation Incorporated

Northern Territory Women's Soccer Federation Incorporated

South Australian Women's Soccer Association Incorporated

Tasmanian Women's Soccer Federation Incorporated

Victorian Women's Soccer Association Incorporated

Western Australian Women's Soccer Association Incorporated

Womens's Soccer Queensland Incorporated

## LIFE MEMBERS

Elaine Watson - 16.8.1981 Irene Sneyd\* - 5.9.1984

Betty Hoar - 10.9.1986 Jim Selby - 10.9.1986

Stephanie Quinn - 15.9.1991

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## ... Championship Rules

1. The Australian Championships are open to teams representing single State Associations which are affiliated with the A.W.S.A.
2. All players taking part in this tournament must be registered as players by 31 August with Associations affiliated to the State Association they represent. In the case of underage titles, players must be of the stipulated age at 1 August in the year of competition, 15 years and under for Junior and 18 years and under for Youth.
3. This tournament adopts the Laws of the Game as contained in the Referees Chart and Players Guide to the Laws of the Game (current edition) as published by the Football Association (England) and as modified by these Playing Rules.
4. A size 5 ball shall be used in all games.
5. Duration of games shall be 2 x 35 minute halves, with a half time period of no less than 5 minutes and no more than 10 minutes. Starting times for matches on all days should be scheduled at least 90 minutes apart. Injury time may be allowed at the referee's discretion.
6. Teams will consist of no more than 18 players and 4 officials.
7. Three substitutes may be used at any time during the game.
8. Should a team bring 18 players to a championship then they will be allowed to list 7 reserves on the team sheet but only 3 of whom may be used in any one game.
9. Each participating State Association is required, wherever possible, to have a second strip in case of colour clash.
10. Should there be a colour clash then the AWAY team will be required to change their strip.
11. Points shall be awarded on the following basis: win (2), draw (1) and loss (0).
12. Each team will play in accordance with the approved championship format and keys (as detailed in the Regulations).
13. If only 4 teams participate in a championship, then the leaders at the end of the first round robin will be declared winners of the Association Trophy, and the leaders at the end of both round robins shall be declared Champions. The game on Day 7 shall be a feature game only - ie Select 11 v Invitational 11 or similar.
14. In championships where 5 or more teams compete, then the leading team after Day 6 will receive the Association Trophy and the game on Day 7 will be played between the 2 teams leading the points table to decide the Championship.
- 15a. Should the Championship Final be a draw at full time then there will be a five minute break followed by extra time of 2 x 10 minutes. If the result is still a draw after extra time then penalty kicks (as per FIFA regulations) shall be taken to determine the winner.
- 15b. In the event of a Final being cancelled or abandoned, with the approval of the AWSA members present, the winners of the Association Trophy shall be declared the Championship winners.

# **BENDIGO COMMUNICATIONS**

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## **Championship Rules**

- 16b. In the event of teams being equal on points at the end of the preliminary rounds then goal difference will decide the order of finish. If goal difference is the same, then the team with most wins will be placed higher in the championship table. Should the number of wins be equal then the team which has scored the most goals will be placed higher. If goals scored are equal, they will be declared joint placegetters.
- 16b. In the event that two teams are absolutely equal in second place at the end of the preliminary rounds, these teams will compete in a playoff match at a mutually agreed time before the scheduled Final. The playoff will consist of 2x20 min halves with penalty kicks to determine the winner if the score is drawn at full time.
17. If for any reason a State reports that it cannot field a team on a certain day during the tournament, then the opposing team shall be awarded two goals and two points.
18. Neutral referees shall be used wherever possible. All State Associations will be expected to nominate a referee to attend each Championship.
19. Trophies and medals for winners and runners-up are to be supplied by the AWSA. Perpetual trophies remain the property of the AWSA. No individual trophies (ie. Best and Fairest, Leading Goal Scorer) shall be awarded. The maximum number of trophies/medals provided shall be 22 per State.
20. Players shirt numbers are to remain constant throughout the tournament. Any alterations to the printed program must be notified to the organisers prior to the first game.
21. After receiving three yellow cards during the tournament, a player must be automatically suspended for one match.
22. Any player given a red card shall be automatically suspended for one match. Should the chair of the Judiciary Committee decide that the offence may warrant a longer suspension then the matter may be dealt with by the Judiciary Committee.
23. Any suspension imposed under Rules 21 and 22 shall be for championship games only and can be carried forward if necessary to the next championship.
24. Any player suspended under Rules 21 and 22 shall
  - a. not wear the team strip;
  - b. not sit on the team bench; and
  - c. not be listed on the matchcard for the match that she has received the suspension.

# WINROOK Φ/Δ

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## ... Tournament Timetable

<b>Saturday, 3rd July</b>	7.00 p.m. Coach and Manager's Meeting, Strathfieldsaye Sports Club
<b>Sunday, 7th July</b>	9:00 a.m. Teams Assemble & Photos commence 9.30 a.m. Teams enter field National Anthem Introductions
	<b>Official Opening -</b> Hon. Michael John, M.L.A. 10.30 a.m. First Game Kicks-Off
<b>Monday, 5th July</b>	10.00 a.m. Games (as per program) <b>5.00 p.m. Civic Reception -</b> Council Chambers, Shire of Strathfieldsaye
<b>Tuesday, 6th July</b>	10.00 a.m. Games (as per program)
<b>Wednesday, 7th July</b>	10.00 a.m. Games (as per program)
<b>Thursday, 8th July</b>	10.00 a.m. Games (as per program)
<b>Friday, 9th July</b>	10.00 a.m. Games (as per program)
<b>Saturday, 10th July</b>	1.00 p.m. FINAL 1 v. 2  6.30 p.m. <b>Presentation Night</b> Strathdale Community Hall, Crook Street, Strathdale.

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## ... Match Program

**Sunday 4th July.**

**OPENING CEREMONY**

10.30 a.m.	VIC	v.	A.C.T.
12.00 noon	S.A.	v.	W.A.
1.30 p.m.	N.S.W	v.	Q.L.D.
3.00 p.m.	TAS	v.	N.N.S.W

**Monday 5th July**

10.00 a.m.	QLD.	v.	S.A.
11.30 a.m.	N.N.S.W	v.	N.S.W.
1.00 p.m.	A.C.T.	v.	TAS
2.30 p.m.	W.A.	v.	VIC

**Tuesday 6th July.**

10.00 a.m.	S.A.	v.	N.N.S.W
11.30 a.m.	Q.L.D	v.	W.A.
1.00 p.m.	TAS	v.	VIC
2.30 p.m.	N.S.W	v.	A.C.T.

**Wednesday 7th July**

10.00 a.m.	W.A.	v.	TAS
11.30 a.m.	VIC	v.	N.S.W
1.00 p.m.	A.C.T.	v.	S.A.
2.30 p.m.	N.N.S.W	v.	Q.L.D

**Thursday 8th July.**

10.00 a.m.	N.S.W	v.	TAS
11.30 a.m.	S.A.	v.	VIC
1.00 p.m.	N.N.S.W	v.	W.A.
2.30 p.m.	Q.L.D	v.	A.C.T.

**Friday 9th July**

10.00 a.m.	S.A.	v.	N.S.W
11.30 a.m.	Q.L.D	v.	TAS
1.00 p.m.	A.C.T.	v.	W.A.
2.30 p.m.	N.N.S.W	v.	VIC

**SATURDAY 10th JULY**

1.00 p.m. FINAL 1st v 2nd



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## ... Championship Table

	ACT	NSW	NNSW	QLD	SA	TAS	VIC	WA	F	A	PTS
<b>ACT</b>											
<b>NSW</b>											
<b>NNS</b>											
<b>QLD</b>											
<b>SA</b>											
<b>TAS</b>											
<b>VIC</b>											
<b>WA</b>											

- PLACES:**
- |    |       |    |       |
|----|-------|----|-------|
| 1. | ..... | 5. | ..... |
| 2. | ..... | 6. | ..... |
| 3. | ..... | 7. | ..... |
| 4. | ..... | 8. | ..... |

**FINAL:** ..... **WINNER:** ..... **RUNNER-UP:** .....



# **South Melbourne Hellas Soccer Club**

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*— Bendigo 1993*

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## **... Victorian Profile**

### **VICTORIA**

**TEAM COLOURS:**  
Navy Blue and White

**COACH:**  
DEBBIE NICHOLS

**MANAGER:**  
SANDIE SUMMERS

**ASSISTANT COACH:**  
TRACEY HOAR

<b>No.</b>	<b>Name</b>	<b>Team</b>
1.	Joanne Georgakakis	South Melbourne
2.	Sarah Poyer	Spring Gully (Bendigo)
3.	Angela Fresch	South Melbourne
4.	Tiffany Vanlangevelde	Ballarat
5.	Belinda Godfrey	Melton
6.	Toula Georgiadis	Heidelberg
7.	Belinda Powell	Heidelberg
8.	Lana Branagan	Melton
9.	Celise Paxton	North Glenroy
10.	Joanne Satler (c)	North Glenroy
11.	Michelle Fuller (vc)	Melton
12.	Hannah Blythe	Spring Gully (Bendigo)
13.	Jenny Noonan	Golden City (Bendigo)
14.	Kate Golowka	Melton
15.	Roxanne Leed	Creswick (Ballarat)
17/18	Narelle Dew	Creswick (Ballarat)



## ... A.C.T. Profile

### A.C.T.

**TEAM COLOURS:**

Royal Blue and Gold

**COACH:**

PETA WINZAR

**MANAGER**

MARGARET TAYLOR

No.	Name
2.	Caron Regulski
GK/3.	Melissa De Ryck (vc)
4.	Kristy Fattore
5.	Elissa Muench
6.	Heather Bodman
7.	Amy Taylor
8.	Denise Edlington (c)
9.	Amy Smallpage
10.	Hannah Harris
11.	Amy Wilson
12.	Leanne Billington
13.	Sarah Steele
14.	Jacquelyn Monk
15.	Naomi Brown
16.	Karen Walker
GK/17	Priscilla Richter

Team
Wodonga Diamonds
Canberra City
Tuggeranong United
Tuggeranong United
Albury United
Tuggeranong United
Tuggeranong United
Melrose Park Rangers
Tuggeranong United
Canberra City
Belconnen United
Tuggeranong United
Belconnen United
Twin City Wanderers
Tuggeranong United
Melrose Park Rangers



## ... Northern N.S.W. Profile

### NORTHERN N.S.W.

**TEAM COLOURS:**

Red, White and Black

**COACH:**

JOHN CABAN

**MANAGERESS:**

DIANE CABAN

**COACH:**

STEVEN SCREEN

1. Melissa Stuart	Central Coast
2. Natalie Alderman	Far North Coast
3. Lisa Casagrande	Far North Coast
4. Kellyann Digby	Newcastle
5. Kristina Dugomanov	Newcastle
6. Dannelle Exton	Central Coast
7. Kristy Higham	Macquarie
8. Kirsty Marks	Central Coast
9. Elisha Maxwell-Coghlan	Central Coast
10. Michelle O'Connor	Central Coast
11. Jodie Randall	Newcastle
12. Nicole Sinclair	Far North Coast
13. Danielle Small	Macquarie
14. Torie Trowbridge	Macquarie
15. Felicity Tulk	Central Coast
16. Vanessa Williams	Central Coast





## ... New South Wales Profile

### NEW SOUTH WALES

**COLOURS:**

Navy/Sky Blue

**COACH:**

Mr KELLY CROSS

**MANAGERESS:**

Mrs LESLEY WARD

- |                         |                    |
|-------------------------|--------------------|
| 1. Claire O'Neill       | Bexley North       |
| 2. Danielle Coonerty    |                    |
| 3. Hayley Phillips      | Prospect           |
| 4. Kristy-Ann Small     |                    |
| 5. Joanne Peters        | Sydney Olympic     |
| 6. Bridget Harries      | Sutherland         |
| 7. Bronwyn Boland       | Gladesville Ravens |
| 8. Kristen Spinner      | Marconi            |
| 9. Alisa Winner         | Winston Hills      |
| 10. Leanda Jamsek       | Liverpool City     |
| 11. Michelle McLaughlin | Mt. Druitt         |
| 12. Debbie Tait         | Sydney Olympic     |
| 13. Sandra Stavrou      | Belmore            |
| 14. Stephanie Hatcher   | Gladesville Ravens |
| 15. Rebecca Hall        | Gladesville Ravens |
| 16. Sonya Bogdanek      | Belmore            |
| 17. Taryn Rockall       | Gladesville Ravens |
| 18. Vicky Fatouros      | Belmore Hercules   |



## ... Queensland Profile

### QUEENSLAND

**COACH:**

GRAHAM JOHNSTON

**MANAGERESS:**

DESERIE HARDY

**TRAINER:**

ALISON BAKER

**Team**

- |                       |                                |
|-----------------------|--------------------------------|
| 1. Sarah Chatburn     | Sunshine Coast                 |
| 2. Diann Ashton       | Brisbane South                 |
| 3. Melissa O'Loughlin | Sunshine Coast                 |
| 4. Clare O'Driscoll   | Sunshine Coast                 |
| 5. Catherine Roncato  | North Queensland               |
| 6. Bronwyn Duce       | Brisbane South                 |
| 7. Kelly Polakow      | Brisbane South                 |
| 8. Kelly Lanagan      | Toowoomba                      |
| 9. Bryony Duus        | Brisbane South                 |
| 10. Kelly Russell     | Northstar                      |
| 11. April Mann        | Brisbane South                 |
| 12. Sarah Garven      | Brisbane North                 |
| 13. Anna Petersen     | Brisbane North                 |
| 14. Brooke Short      | Brisbane South                 |
| 15. Leesa Polakow     | Brisbane South                 |
| 16. Lindsay Whiddett  | Gold Coast                     |
| 17. Angela Warwick    | Central Queensland             |
| 18. Angela Geurts     | Sunshine Coast<br>(2nd keeper) |



## ... South Australia Profile

### SOUTH AUSTRALIA

**TEAM COLOURS:**

Royal Blue - Red &amp; Yellow

**COACH:**

WENDY CARTER

**MANAGERESS:**

LINDA GRIFFITHS

**No.** **Name**

1. Rebecca Jamieson
2. Carly Neilson
3. Liz Harmer
4. Dianne Alagich
5. Deb Massey
6. Lisa Stewart
7. Claire Siggery
8. Cherie Foster
9. Sarah Atkinson
10. Lynn White
11. Jessica Halfpenny
12. Marissa Shields
13. Nicole McArdle
14. Stacey Beddows
15. Danielle Proud
16. Natalie Downes

**Team**

- Sturt Marion  
Sturt Marion  
Seaford  
Sturt Marion  
Seaford  
Seaford  
Seaford  
Seaford  
Modbury Vista  
Sturt Marion  
Sturt Marion  
Gawler  
Seaford  
Seaford  
Modbury Vista  
Seaford



## ... Tasmania Profile

### TASMANIA

**TEAM COLOURS:**

Green, Yellow, Red trim

**COACH:**

GLEN JENKINS

**MANAGERESS:**

MICHELLE BRADLEY

**ASST. COACH:**

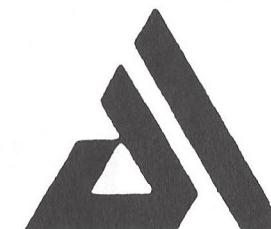
VINCE GRIMES

**No.** **Name**

1. Chantelle Pearce
2. Anneli Binns
3. Jenny Caryle
4. Zelinda Duta
5. Ceinwen Rataj
6. Amanda Webb
7. Zoe Nolan
8. Leah Genovise
9. Brook Browning
10. Naomi Denne
11. Jenna Mauger
12. Kelly Rourke
13. Elizabeth Ratcliffe
14. Jo Franklin-Paddock
15. Stacey Brown
16. Rachel Speare
17. Alison Foley
18. Ariene Brooks

**Team**

- Calies  
Kingborough  
Juventus  
Kingborough  
Devonport  
Devonport  
Kingborough  
Kingborough  
Kingborough  
Calies  
Kingborough  
Calies  
Southern Raiders  
Juventus  
Kingborough  
Kingborough  
Juventus  
Juventus/North





## ... W. A. Profile

### WESTERN AUSTRALIA

**TEAM COLOURS:**  
Black and Yellow

**COACH:**  
PHIL CAMPHOR

**MANAGER:**  
KERRY SMITH

**No.** **Name**

1. Candice McMinn
  2. Karen Eason
  3. Miranda Wood
  4. Jessine Bonzas
  5. Cathy Young
  6. Debra Gorton
  7. Tal Karp
  8. Rachel Mander
  9. Belinda Hobson
  10. Arianne Missikos
  11. Danniella Papagno
  12. Kylie Thomas
  13. Michelle Jackman
  14. Lara Lamacchia
- | No. | Name              | Team             |
|-----|-------------------|------------------|
| 1.  | Candice McMinn    | Forrestfield     |
| 2.  | Karen Eason       | Inglewood Kiev   |
| 3.  | Miranda Wood      | Inglewood Kiev   |
| 4.  | Jessine Bonzas    | Morley Windmills |
| 5.  | Cathy Young       | Morley Windmills |
| 6.  | Debra Gorton      | Forrestfield     |
| 7.  | Tal Karp          | Inglewood Kiev   |
| 8.  | Rachel Mander     | Inglewood Kiev   |
| 9.  | Belinda Hobson    | Rockingham       |
| 10. | Arianne Missikos  | Balcatta Etna    |
| 11. | Danniella Papagno | Curtin           |
| 12. | Kylie Thomas      | Morley Windmills |
| 13. | Michelle Jackman  | Kingsley         |
| 14. | Lara Lamacchia    | Curtin           |



## ... Record of Participation

YEAR	AGE	VENUE	TEAMS AND	R/UP	FIRST
1982	U/15	Melbourne	SQld, VIC	NSW	NNSW
1983	U/15	Canberra	SQld, VIC, ACT	NNSW	NSW
1984	U/15	Newcastle	SQld, VIC, ACT	NNSW	NSW
1985	U/15	Hobart	SQld, VIC, ACT, TAS	NNSW	NSW
1986	U/15	Sydney	NNSW, TAS	SQld	NSW
1987	U/15	Brisbane	SQld, NNSW	TAS	NSW
1988	U/16	Melbourne	VIC, ACT, TAS, NNSW	SQld	NSW
1989	U/16	Adelaide	SA, SQld, NNSW, VIC	ACT	NSW
1990	U/16	Brisbane	SA, NNSW, ACT	SQld	NSW
1991	U/16	Woy Woy	ACT, SA, NNSW, TAS, VIC	NSW	SQld
1992	U/16	Renmark	ACT, NNSW, Qld, TAS, VIC	SA	NSW

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## ... Autographs